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Our healthcare system is broken; high prices, fragmented care, impossibly short visits with a doctor who is supposed to be addressing all aspects of our health. It's no wonder doctors are burning out and patients are unhappy! After 15 years of working in this system I was ready to get out, but I realized that leaving the system wouldn't help anyone and that's why I went in to medicine in the first place. I had to lead the change! I am excited to open the first Direct Primary Care practice in Westchester County.

I care for all ages- from newborn to the aged, doing acute care as well as prevention and management of chronic conditions. The most rewarding aspect of medicine is developing long-term relationships with my patients. I love educating and motivating people to make healthy lifestyle changes. I look forward to partnering with you to maximize your health!



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Call for more information or to schedule a meeting with Dr. Solomon:

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It's About Time

Healthcare *can* be:
Personal
Convenient
Affordable
Simple



A Boutique Medical Practice for the Entire Family

What is Direct Primary Care?

Primary Care without using insurance

- * No Copays or Coinsurance
- * No Deductibles
- * No Pre-authorizations
- * Your medical information remains *private*

Unrestricted access to primary care

Discounted services negotiated for cash-paying patients

- * Pharmacy
- * Imaging
- * Laboratory

How Does it Work?

- Membership fees are billed monthly (like a gym membership).
- There are no fees to see the doctor in person or through video.
- Insurance is not billed unless you choose to use insurance for medication or testing.

For one low monthly fee you get:

- 30-60 minute-long appointments
- Same or next day appointments
- An open line of communication with your physician through email, text and phone
- Virtual visits
- Thoughtful, caring medical care centered around your values

A luxury healthcare experience:

- Tranquil waiting roomcharge your phone, enjoy complimentary water, espresso, cappuccino or tea
- Personal, attentive service
- Designer examination gowns- pediatric and bariatric sizes available
- An automatic adjustable height exam table

Services Include:

- Sick visits
- In office laboratory testing:
 Strep, pregnancy, urine,
 blood sugar
- Management of chronic diseases
- Vaccines (at cost)
- PPD (tuberculosis screen)
- Ear wax/foreign body removal
- Skin tag removal
- Freezing of warts
- Management of wounds: sutures and liquid adhesive
- Incision and drainage of abscess
- Electrocardiograms
- Nebulizer treatments
- Well-care visits
- Preoperative testing
- Vision & Hearing screening
- Gynecologic examinations
- Coordination of specialty care
- Counselling for weight loss, smoking cessation, healthy lifestyle
- Screening for diabetes, high blood pressure, depression
- Video visits

Other services available